

	MANAGEMENT SYSTEM	MS – CAO- 01
		Rev - 0
	COURSE AIMS and OBJECTIVES	Date 31/12/2016

Name:	Health and Safety 1 Day
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COURSE AIM AND CONTENTS

The aim of this course is to provide candidates with theoretical knowledge to have a basic understanding of health and Safety . Topics covered during this course include::

- Legislation: HASAWA,MHSWR,LOLER, PUWER, RIDDOR.
- Accident Prevention
- Emergencies, First Aid and Fire
- Health Risks
- Welfare
- Work at Height Regulations 2005 (Amendment 2007
- P.P.E. Regulations 1992
- Control of Substances Hazardous to Health Regulations 2005
- Environmental Protection Act 1990 and Waste Control
- Manual Handling Regulations 1992
- Electricity at Work Regulations 1989
- Electric Hand Held Tools and Equipment
- Control of Noise at Work Regulations 2005
- Dust
- WELs - Vibration - Control of Vibration at Work Regulations 2005
- Confined Spaces Regulations 1997
- Excavations
- COM Regulations 2015
- Site Transport Safety
- Workplace (Health, Safety and Welfare) Regulations 1992
- Health and Safety (Signs and Signals) Regulations 1996

Candidates will under go a theory test on completion, consisting of a 30 multi choice questions.